

PBS Adult Continuing Education Distance Learning Online Course



2020 Fall 2

A Roadmap of Human Relationships

Fridays ONLY!, 12:00 - 2:00 PM

5 Virtual Classroom Meetings:

Oct. 23, 30, Nov. 6, 13, 20, 2020

REGISTER TODAY!

- * Classes will be held online through Zoom. Training materials will be provided to assist students in navigating these systems.
- * Tuition for the course is \$250.00 for the semester, payable via credit card on the PBS web site.

See reverse side for course description.

**Visit our website for complete schedule of classes
and detailed registration instructions.**

To Register: <http://www.positivebehavior.org/adult-education.html>

Questions: AdultEd@PositiveBehavior.org

A Roadmap of Human Relationships

This class will teach about the many aspects of the complex world of human relationships and the skills needed to have the best relationships possible. Relationships with a family & friends (or a special someone) is like driving a car, different for each person. We'll examine the roads and use GPS (Good Practical Sense!)

- Buckle up & check your mirrors! Always be safe & healthy
- Plan your trip - how to get where you want to go
- Slow down, speed up or maintain your speed? Communicating what you want (or hope for).
- Avoid getting a ticket! Do's and Don'ts of navigating different relationships. When and how to put on the brakes.
- Unexpected detours & forks in the road - resolving conflicts and dealing with "pot holes"
- No aggressive driving! - how to disagree and compromise
- Avoiding accidents, but also having insurance - accidents can happen but you can change your "driving" style & you need to protect yourself, just in case
- Trading in a car or maybe use a bike or walk until your ready for a different car? - deciding what to do when a relationship breaks down? It's ok to take your time in deciding what to do - walk for a while or look for a new model that suits you better?

Thinking of relationships like driving a car is fun, but relationships are serious, too! This class will help you in all relationships!

Meet the Instructor

Patricia Tomanelli is the Operations Director of Transition Services at PBS Consulting. She received her Master's Degree in School Counseling, and a Certificate in Applied Behavior Analysis from Long Island University. She has worked in the field for over 30 years and has been with PBS since 2006. Ms. Tomanelli's clinical interests include family supports, person centered planning, and transition planning for high school students with highly challenging needs. Pertaining to this course, Ms. Tomanelli has traveled to conferences all over the united states with concentration on relationships and sexual behavior. Has taught many individuals about their own bodies, sexuality, sexual behaviors and supported families in helping their child/sibling build wonderful lasting relationships with friends and partners.



PBS Adult Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration.

All students benefit from being engaged with interesting material and collaborating with other students.