

PBS Adult Continuing Education Distance Learning Online Course



2020 Fall 2 Self-Advocacy

Tuesdays & Thursdays, 12:00 - 1:30 PM

10 Virtual Classroom Meetings:

Oct. 20, 22, 27, 29, Nov. 3, 5, 10, 17, 19, 2020

REGISTER TODAY!

- * Classes will be held online through Zoom. Training materials will be provided to assist students in navigating these systems.
- * Tuition for the course is \$300.00 for the semester, payable via credit card on the PBS web site.

See reverse side for course description.

**Visit our website for complete schedule of classes
and detailed registration instructions.**

To Register: <http://www.positivebehavior.org/adult-education.html>

Questions: AdultEd@PositiveBehavior.org

Self-Advocacy

This online class will be discussing a very important skill for success, Self-Advocacy! Learning the skill of Self-Advocacy gives us the ability to speak up for ourselves, find out what we like and dislike, learning how to get information on activities we enjoy, knowing our rights, finding support, learning about self-determination and much more! It is an important part of our ability to be as independent as possible (Woohoo!).

In this class we will discuss and go deep into the understanding of what Self Advocacy truly is. Students will be able to:

- Speak up for themselves
- Become self-aware
- Understand their needs and how to communicate them
- Discover and express their goals and ambitions
- Learn to problem solve
- Find ways to get information on activities they enjoy

There is so much that we can learn about ourselves through Self-Advocacy and apply to our lives. Hopefully I get to see you all this semester and we can learn together!

Meet the Instructor



Vincent Gamboni has a BA in Psychology from Hunter College and is an LBA intern with PBS Consulting & Psychological Resources. He recently completed a Masters in Behavioral Analysis at Queens College. He has worked in the Self-Determination field for over 12 years as a support counselor, ABA therapist, behavior technician, parent trainer, job coach and DSP. Vince has a love for working in the diverse students and has taught continuing ed courses in topics such as Anime & Manga and DC/Marvel Universes.

PBS Adult Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration.

All students benefit from being engaged with interesting material and collaborating with other students.