



# Music Exploration: The Music We Love & How It Affects Us Emotionally

A PBS Adult Continuing Education *In-Person Course*

Open to All Interested Students

**No Prerequisite Courses Required - Appropriate for All Students**

## Dates & Times

**Wednesdays from 11:30 am-1 pm.**

- October 6th, 13th, 20th, 27th, November 3rd, 10th, 17th, December 1st, 8th, 15th.

## Course Information and Registration

- **In-person at The Charles B. Wang Center at Stony Brook University.**
- **Tuition \$375**
- **All students receive a Certificate of Completion**
- **Register with credit card online: <https://www.positivebehavior.org/adult-education.html>**

See Reverse Side For Full Course Description

Questions? [AdultEd@positivebehavior.org](mailto:AdultEd@positivebehavior.org)



*This class takes place at the prestigious Charles B. Wang Center at Stony Brook University. With state-of-the-art classrooms, students are engaged in not only the culture and experience of their course but the college campus experience.*

## Course Description - Music Exploration: The Music We Love & How It Affects Us Emotionally

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Just about everyone loves music and has a favorite song, artist or style of music that affects them and how they feel. Music can make us happy, sad, excited, anxious - the range of emotions that music can make us feel is limitless.

In this class, students will shape the course of the lessons based upon their musical passions. Students will share with each other the music that moves them like no other. And in sharing musical memories and feelings, students will explore how music, in all of its forms, connects us to each other. Music is a universal language. All styles of music and preferences are welcomed to the class discussion.

Students will learn how and why music has the power to affect us as it does. Hopefully, students will come to appreciate how music can sometimes express emotions in ways that are sometimes difficult to capture using mere words! This class will be exciting and thought-provoking for all!

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### Your Instructor:

Liane Gilardi



I have been an educator for 25 years and my journey has taken me into diverse situations with many different types of students. I take a naturalistic approach to teach and give those I encounter the freedom to be themselves while treating all students equally. I have had a passion for all genres of music from a young age and pursued music throughout my education and incorporated this into my career as a consultant in schools and other settings.

Being born in the 70's, my record collection started with Queen, John Lennon, Meatloaf, Styx, The Who, Alice Cooper, Kiss, and Neil Diamond (to name a few). As I got older, my collection grew as my curiosity of music did as well. As a teen, I branched out by attending concerts, including jazz bands, orchestras, and classical piano performances. Music was limitless and mood altering and I was addicted! Today, I continue to explore music types and love to share how different types of music affect our moods, feelings, and mindset.

### COVID19 Clause:

PBS ACE classes follow COVID guidelines of host facilities. Under further notice, masks for all students and supports are required regardless of vaccination status as well as safe social distancing. If future guidance mandates, classes may move to a virtual platform.

*PBS Adult Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research, and study skills, and utilize technology for learning and collaboration. All students benefit from being engaged with interesting material and collaborating with other students.*