

POSITIVE | BEHAVIOR | SUPPORT | CONSULTING

& PSYCHOLOGICAL RESOURCES, P.C.

**PBS Adult Continuing Education**  
**at**  
**the Charles B. Wang Center**  
**on the campus of Stony Brook University**

**Fall 2019:**  
**Healthy Relationships,**  
**Romance, and Dating**

**Wednesdays, 11 AM - 12:30 PM**

Class dates are

Sept. 11, 18, 25; Oct. 2, 9, 23, 30; Nov. 6, 13, 20; Dec. 4, 11

Class size maximum is 12 students

**REGISTER TODAY!**

Tuition for the course is \$425.00 for the semester. PBS can receive payment directly from an approved 3rd party payer (FI).

**See reverse side for course description.**

**Visit our website for schedule of classes and detailed registration instructions.**

**Registration: <http://www.positivebehavior.org/adult-education.html>**

## Healthy Relationships, Romance and Dating

The course is an introduction to critical social and relationship skills. The course explores intimate relationships, casual and close friendships, attraction, and romantic and sexual relationships.

Topics covered will include:

- Social boundaries
- social cues (verbal and body language)
- social etiquette,
- understanding different types of relationships and how they might change
- public and private relationships emphasizing personal safety
- gender roles
- internet safety
- and love & romantic relationships

Lessons will consist of a variety of lectures, small group work and engaging activities to learn complex material in a fun and memorable way.

### Meet the Instructor



**Laura H. Pace, M.S., LMT** is a Health Educator, Wellness Specialist, and Licensed Massage Therapist. She has worked in the field of Massage Therapy for over 23 years and has a Master of Science in Health Education. Over the last decade she has taught several college courses in NH, MA, and NY, and currently teaches courses in Healthy Relationships and Human Sexuality. Laura is the owner of All Ability Wellness, LLC in East Setauket, NY where she provides individual and small group health education community classes. As the parent of a child with special needs, Laura is devoted to health promotion and disease prevention by educating and supporting all of the families she works with.

*PBS Adult Continuing Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration. All students inherently benefit from being engaged in an active college environment.*



Space for class made possible through a grant from  
Positive Behavior Support Community Foundation

