

POSITIVE | BEHAVIOR | SUPPORT | CONSULTING

& PSYCHOLOGICAL RESOURCES, P.C.

# **PBS Adult Continuing Education at Nassau Community College**

## **Fall 2019: Self-Advocacy**

**Mondays 11:00 AM - 12:30 PM**

Classes are held

Sept 9, 16, 23; Oct. 7, 14, 21, 28; Nov. 4, 18, 25; Dec. 2, 9

**Registration is limited to 15 students**

**REGISTER TODAY!**

Tuition for the course is \$425.00 for the semester. PBS can receive payment directly from an approved 3rd party payer (FI).

There is a separate required \$150 registration fee  
**payable to the NCC** continuing education program for the semester.

**See reverse side for course description.**

**Visit our website for schedule of classes and detailed registration instructions.**

**Registration: <http://www.positivebehavior.org/adult-education.html>**

**Questions: [AdultEd@PositiveBehavior.org](mailto:AdultEd@PositiveBehavior.org)**

## Self-Advocacy

Speak up for yourself and be heard!

This class will explore self-advocacy, self-awareness, and self-determination.

Self-advocacy is a skill that students will use throughout their lives.

By learning these important concepts, students will become familiar with:

- distinguishing wants vs. needs
- building self-confidence
- using positive decision making skills
- identifying personal strengths, weaknesses, likes, and dislikes
- learning to problem solve
- making independent choices

Students will have the opportunity to work with their classmates and learn about public speaking. The course is appropriate for anyone that is interested in self-empowerment and defending the rights of oneself and/or others.

## Meet the Instructor



**Dan Elfawal** earned his Masters degree in Special Education/Elementary Education from Touro College. He is a certified Special Education and yoga teacher. He has been educating children and adults for over 14 years and is currently an Educational Consultant at Positive Behavior Support Consulting & Psychological Resources, P.C., where he has worked for over 11 years. In his career, he has served as crisis counselor, SEIT teacher, parent trainer, job coach, and job developer. He has worked in various settings, including K-12 classrooms, colleges, and the greater Long Island community. Most recently, Dan has collaborated with educators from Penn State University and the University of Texas-El Paso to teach hip-hop and cultural studies to adults in continuing education.

*PBS Adult Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration. All students inherently benefit from being engaged in an active college environment.*

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