

POSITIVE | BEHAVIOR | SUPPORT | CONSULTING

& PSYCHOLOGICAL RESOURCES, P.C.

**PBS Adult Continuing Education**  
**at**  
**the Charles B. Wang Center**  
**on the campus of Stony Brook University**

**Spring 2019:**  
**Establishing Healthy**  
**Social Connections**



*1st Time in  
Suffolk!*

**Wednesdays, 1 – 2:30 PM**

Class runs Jan. 30 - May 29, 2019

Class size maximum is 15 students

**REGISTER TODAY!**

Tuition for the course is \$350.00 for the semester. PBS can receive payment directly from an approved 3rd party payer (FI).

**See reverse side for course description.**

**Visit our website for schedule of classes and detailed registration instructions.**

**Registration: <http://www.positivebehavior.org/adult-education.html>**

**Questions: [AdultEd@PositiveBehavior.org](mailto:AdultEd@PositiveBehavior.org)**

## Establishing Healthy Social Connections

The course is an introduction to critical social and relationship skills. The course explores psychological, social, behavioral, and cognitive aspects of all types of human relationships across the lifespan.

Topics covered will include, but not be limited to:

- Social boundaries, social cues (verbal and body language), social etiquette
- Understanding different types of relationships and how they might change
- Public and private relationships emphasizing personal safety, recognizing harassment
- Gender roles, love & relationships, healthy body image and reproductive safety

Lessons will consist of a variety of lectures, small group work and engaging activities to learn complex material in a fun and memorable way.

## Meet the Instructor



**Laura H. Pace, MS, LMT** is Health Educator, Wellness Specialist and Licensed Massage Therapist. Over the last decade she has taught several community college courses and is currently adjunct faculty at the New York College of Health Professions in Syosset. Laura is the owner of All Ability Wellness, LLC in East Setauket where she provides individual and small group Health and Wellness Education community classes. Her primary focus is health promotion and wellness education to children, youth, and adults with special needs and their families.

*PBS Adult Continuing Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration. All students inherently benefit from being engaged in an active college environment.*



Space for class made possible through a grant from  
Positive Behavior Support Community Foundation

