

POSITIVE | BEHAVIOR | SUPPORT | CONSULTING

& PSYCHOLOGICAL RESOURCES, P.C.

# **PBS Adult Continuing Education at Nassau Community College**

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## **Spring 2019: Establishing Healthy Social Connections II**

**(Course is Part 2 of a series; Part 1 is NOT a pre-requisite, however)**

**Fridays, 9 - 10:00 AM**

**Semester runs Feb. 1 - May 31, 2019**

**(there will NOT be classes held on Feb. 20 or April 24)**

**Registration is limited to 15 students.**

**REGISTER TODAY!**

Tuition for the course is \$350.00 for the semester. PBS can receive payment directly from an approved 3rd party payer (FI).

There is a separate \$150 registration fee payable to the NCC continuing education program for the semester.

Students do not need to be Nassau County residents to enroll.

**See reverse side for course description.**

**Visit our website for schedule of classes and detailed registration instructions.**

**Registration: <http://www.positivebehavior.org/adult-education.html>**

**Questions: [AdultEd@PositiveBehavior.org](mailto:AdultEd@PositiveBehavior.org)**

## Establishing Healthy Social Connections II

(Course is Part 2 of a series; Part 1 is NOT a pre-requisite, however)

This course is adapted from the Second-Step “Circles” curriculum, developed by Leslie Walker-Hirsch and is an introduction to relationship training for students with mild to moderate cognitive challenges.

Coursework will emphasize:

- the importance of social boundaries (touchy subjects, insults & complaints)
- understanding different types of relationships (stranger, acquaintance, friend, online vs IRL, work)
- Personal health & social skills (the importance of sleep, learning to relax when anxious)
- computers & health, social media, cell phone etiquette
- social cues (understanding how behavior affects others, body language)
- social etiquette (personal hygiene, good manners)

Students will participate in a variety of engaging activities to learn complex material in a fun and memorable way.

### Meet the Instructor



**Robin Black, MsEd:** Robin has a Master of Science in Teaching from Fordham University, Lincoln Center and also studied at Touro College, completing coursework in teaching students with disabilities. She is a NYS, dual-certified teacher, licensed for both Elementary Education and Students with Disabilities. She has years of experience working with students on behavioral intervention strategies and as a Direct Support Staff Trainer, with a focus on high school to college transition. Robin began teaching at Nassau Community College’s School of Lifelong Learning in the Fall of 2012. She covers topics such as Technology, Sociology, Finance, Communication, Safety and Maintaining Emotional and Physical Health. In addition to teaching, Robin has provided parent training and counseling, academic support, job coaching and development, staff training and community & vocational development services.

*PBS Adult Education classes are taught using various instructional methods tailored to the specific needs of adult learners. Students will be encouraged to develop critical thinking, research and study skills, and utilize technology for learning and collaboration. All students inherently benefit from being engaged in an active college environment.*

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